

MANA PARENTS CENTRE NEWSLETTER



Issue 43
December/
January 2012



New Little People on the Block!



Class 5 2011

Special thank you to Melanie Clubley for coordinating Class 5

Suzanne Lucas and Willie Phillips	Cooper James	12th Sept
Julia Huyser and Paul Henker	Lola Venice	27th Sept

Class 6 2011

Special thank you to Nicky Ryan for coordinating Class 6

Haylee Quinn and Wade Stewart	Koby Quinn	14th Sept
Kate Rutherford and David Pauley	Maya	5th Oct
Marcella Ron and Andrew Simcox	Sophia Aide	14th Oct
Aurora Tang and Jerry Chen		
Jo and Tim Dagger		
Catherine and Jonathan Burrage		
Lynaire and Greg Parish		
Jo and Ramash Swamy		



Gorgeous Babes!

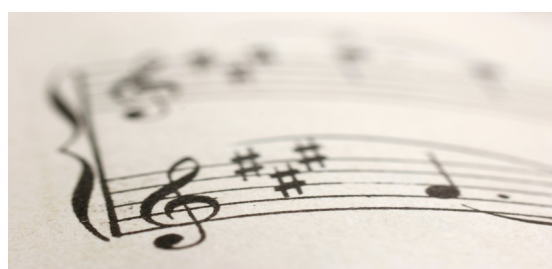


Meet our Mana Parents Centre Committee:

Jordi Cordwell — Baby & You

I joined Mana Parents Centre committee about two years ago, when my gorgeous girl Amy was about 6 months old. I really enjoyed the Child-birth Education classes and was so grateful for the support network that they created. I had gained so much, so when I realized that MPC was run by volunteers, I was very happy I could help out a bit.

My role is to co-ordinate the Baby and You classes which I've really enjoy. And being around such an awesome group of people on committee is great.



MUSIC AND MORNING TEA!

9.30 All babies up to early walkers.

10.00 Morning Tea

10.30 Toddlers to preschoolers.

Mana Parent Centre is please to present Katrina McGuinness our amazing music teacher .

Come along for a great time of singing nursery rhymes, action songs, playing instruments including NZ sign language in line with baby signing.

- Music and Morning Tea is held during term time on the ground floor of Pember House on Hagley Street in Porirua.
- No booking is required and the first time is free.
- Classes are then \$3 for members of Parents Centre and \$5 for non-members.



Parent Ed Schedule for Dec/Jan

- Mon 5th December CPR for Babies & Toddlers 7.30-9.30pm \$20m/\$35nm
- Thurs 8th December Positive Discipline & Tantrums 7.30-9.30pm \$10m/\$20nm

For Bookings or Queries contact parentedbackings@gmail.com or
Phone 04 237 6262 and leave a message.



Christmas Cookies



Prep time: 45 minutes **Cook time:** 15 minutes
Servings: depends on cookie cutter

Ingredients:

125g Butter
1 cup Caster Sugar
1 Egg
2 teaspoons Milk
1 cup Plain White Flour
1 1/2 cups Self-raising White Flour
1 teaspoon Vanilla Essence

Icing sugar, food colouring, and candy decorations to decorate.



Directions:

1. Cream butter, essence and sugar using an electric mixer. The mixture should be light and fluffy. Beat in egg and milk. Sift in flour and stir to combine.
2. Turn out on to a floured surface and knead dough until firm and well combined ball. Cover and refrigerate for half an hour.
3. Preheat oven to 180 degrees. Roll out dough on a floured surface until 5mm thick. Use cookie cutter to cut out shapes. Place shapes on a oven tray covered with baking paper. Bake for approximately 12 to 15 minutes until golden brown. Allow to cool before decorating.

Mana Parents Centre would like to thank:

Parents Centre is a non for profit organisation run by Volunteers and therefore would be unable to provide a service to the community without your support.

CONTACT US!

Do you have a contribution you would like to make - a photo, recipe, local event, birth story, parenting book review or website recommendation? If so, I would love to hear from you.

E mail Nicky at:
bn_ryan@xtra.co.nz

Please don't forget to let us know if your contact details have changed:

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We're on the Web!
Check out Mana Parents
Centre's
new website.
<http://www.manapc.org.nz>